Every day men and women are called to deepen their relationship with God. How often have you asked yourself the following questions:

- What does it mean to deepen your relationship with God?
- In what ways are you being challenged or invited to risk what you know for something beyond your wildest dreams?
- When was the last time you shared your desires to know God with someone?
- Does your curiosity move you to seeking a path that will open up a way to God?
- “My way of praying doesn’t seem to move me anymore.”

Does this ring a bell? If it does and you are already on the spiritual journey, then perhaps the Spiritual Exercises of St. Ignatius – The Retreat in Everyday Life is for you.

What are the Spiritual Exercises? The Spiritual Exercises are a structured way of praying with the Sacred Scripture. It is also called the Retreat in Everyday Life because it is a way of integrating your daily life with your prayer. Observing the action of God in all the circumstances of your life is an amazing experience.

The pray-er or retreatant makes a commitment to pray for an hour each day on a specific scripture passage, keeps a journal of the encounter with God (what happens in your prayer) and meets with an experienced spiritual director once a week, for thirty weeks. This sounds like a long time but when you are engaged in your prayer, life takes on a new perspective.

We are offering this very unique experience to those whose hearts are open to experience God in a deeper, more personal way. If you would like to explore this possibility for yourself, please fill out the attached form and return it.
Inquiry Form for
The Spiritual Exercises of
St. Ignatius
Experienced in Everyday Life

You will receive further information upon receipt of your inquiry.

Please return this inquiry form to the attention of Josephine Daspro, CSJ at
St. Joseph at La Providencia Center-Bldg. 4
1725 Brentwood Rd.
Brentwood, NY 11717
Thank you.

Name: ____________________________________________________________

Address: __________________________________________________________

Phone Numbers where you can be reached:
   Home: ___________________________________________________________
   Cell: __________________________________________________________

Email: ____________________________________________________________

I am interested in receiving further information about the Spiritual Exercises of
St. Ignatius (The Retreat in Everyday Life) because: