The programs and retreats offered by the Sisters of St. Joseph are coordinated by and at times are a shared collaboration of the Offices of Spirituality, Sustainability, Young Adult Ministry, and Congregational committees. There are also collaborative offerings with our neighbors at the Sisters of St. Joseph Spirituality Center, Ocean Grove, NJ, and the Sisters of St. Dominic, Amityville, NY. Our programs, retreats, and gatherings provide opportunities that extend the mission of loving unity to which we are called. We offer prayerful and peaceful environments where individuals and groups may nourish body, mind, and spirit.

Programs and retreats are held at diverse locations and most often can provide virtual participation to accommodate a variety of needs. La Providencia Center, Brentwood, is situated on 212 acres of sprawling meadows, woodlands, and sustainable landscapes that provide a beautiful and conducive atmosphere for contemplation, prayer, and creativity.

Most retreats are offered at St. Joseph Villa, Hampton Bays. Located on eight acres of land that overlooks Shinnecock Bay, this site is noted for its stunning sunrises and calming waters. The Villa provides private rooms, air conditioning, a large gathering space, quiet spots for prayer and reflection, a newly renovated chapel, and places to walk.

Some programs are offered at Christus Vivit in Jamaica Estates, Queens. This location provides indoor and outdoor spaces for community, contemplation, and service. It is accessible by bus and subway.

Our programs and retreats encourage individuals to listen deeply and trust the still inner voice that will lead them in their life’s direction. From that place of deep longings, creative imagination and inspired action to service a greater good can emerge, be nurtured, and carried out to the world.
Office of Spirituality:
Joan Gallagher, CSJ
spirituality@csjbrentwood.org
631-273-1187, ext. 122

Garden Ministry:
Mary Lou Buser, CSJ
Heather Bolkas
garden@csjbrentwood.org

Young Adult Ministry:
Marie Mackey, CSJ
Christian Branch
yaministry@csjbrentwood.org

For more information visit our website at brentwoodcsj.org or contact:

Registration: On-line registration available at brentwoodcsj.org/ministry-areas/spirituality
January 2023:

**Labyrinth Walk**
*Sunday, January 8th*
*1:00 pm*

Walk the Labyrinth to pray, meditate and breathe a sense of calm to begin the New Year. Certified facilitator, Linda Mikell, will be present to guide this experience.

**Location:** Academy, Building 2, 1725 Brentwood Road, Brentwood, NY.

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**Courageous Conversations Around Racism**
*January 21st – 22nd, January 23rd – 24th*

The Sisters of St. Joseph continue their call and commitment to respond to the grave systemic injustices of our times, in particular racism. These continuing conversations are specific to CSJ sisters, associates, agrégées, and partners in mission. S. Patricia Chappell, SNDdeN, and S. Anne Louise Nadeau, SNDdeN, nationally known facilitators and presenters, work with religious congregations on dismantling racism. Deepening understanding and practice of transformative values, participants reflectively engage in courageous conversations around racism, power, and privilege.

**Location:** Joan de Lourdes Room, La Providencia Center, Bldg. 4, 1725 Brentwood Road, Brentwood, NY.
February 2023:

**Exploring the Enneagram**

**Wednesday, February 1st, March 1st, and April 5th**

*Time TBD*

The Enneagram is one of the most profound tools for both personal and spiritual growth. We spend a lot of our time trying to figure out who we are and how we relate to others and ultimately to God. We will spend time learning how the Enneagram can help us to understand who we are and the unique way we experience God. Join us as we uncover a spiritual path to becoming the person God created us to be.

**Location:** La Providencia Center, Bldg. 4, 3rd floor, 1725 Brentwood Road, Brentwood, NY. A virtual component is also available.

**Suggested Offering:** $10 per session

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**Spirituality of Breadmaking**

**Sunday, February 5th**

*11:00 am -2:30 pm*

Join us as we bake bread together and connect through the transformation of wheat into flour and then into nutritious loaves, good for our bodies and souls. We will share a meal at the end of the retreat.

**Location:** Barn, 1725 Brentwood Road, Brentwood, NY.

**Free Will Offering**

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**Spirituality of Breadmaking**

**Sunday, February 12th**

*11:00 am -2:00 pm*

Each participant will make a loaf of bread at home while we pray and meditate together in this guided retreat. We will connect through the transformation of wheat into flour and then into nutritious loaves, good for our bodies and souls.

**Location:** Virtual participation via Zoom.

**Free Will Offering**

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**Lenten Day of Prayer: Remaining Present**

**Saturday, February 25th**

*10:00 am – 2:30 pm*

Kayla August integrates her background in theology, education, and preaching into her retreats. Her dynamic presence offers inspiring encounters with scripture, tradition, and how God plays an active role in our daily lives.

Kayla will share on and offer the key to a transformative Lent in how we Reduce, Renew, and Remain. Reduce our time with things that bring us away from God, renew the things that can deepen our life with God, and remain present in spaces where we need to sit in prayerful openness to God’s transformative power.

**Location:** Joan de Lourdes Room, La Providencia Center, Bldg. 4, 1725 Brentwood Road, Brentwood, NY.

**Suggested Offering:** $15 includes lunch
March 2023:

**Lenten Day of Reflection**  
*Sunday, March 5th*  
11:00 am – 4:00 pm

We welcome young adults, between the ages of 18 – 39, to join us for a day of prayer, reflection, and service as we celebrate the Lenten season. For more information and to RSVP email yaministry@csjbrentwood.org.

**Location:** Christus Vivit, 86-16 Midland Pkwy, Jamaica, NY 11432.

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**Free will Offering**

**The Endurance of Love in the Presence of Grief**  
*An Evening with Jan Richardson*  
*Wednesday, March 8th*  
6:00 pm – 8:30 pm

“Grief is the least linear thing I know,” says Jan Richardson. As someone well acquainted with sorrow following the sudden death of her husband and creative partner, Jan has engaged the chaotic labyrinth of grief as an artist and writer, bringing poetic grace and honesty to the complexities of loss. During the evening, we will be in conversation with Jan about the endurance of love, the stubbornness of hope, and the solace of creative practice in times of grief. She will share her work, including *The Cure for Sorrow*, as part of the invitation to reflect on how we continue to listen to our way into our unexpected, unfolding lives.

This evening is a collaborative offering of the Sisters of St. Joseph Spirituality Center, Ocean Grove, NJ, and the Sisters of St. Joseph Office of Spirituality, Brentwood, NY.

**Location:** Virtual participation via Zoom.

**Suggested Offering:** $15
Lenten Silent Directed Weekend Retreat  
Friday-Sunday,  
March 10th -11th -12th  
Friday Arrival after 3:30 pm and  
Departure by 11:00 am on Sunday

Silent directed retreats allow us to withdraw from busy days and create space to deepen our relationship with God. This experience is grounded in solitude, silence, and prayer, and includes daily meetings with a spiritual director. Silent directed retreats invite participants to be open and receptive to the movements of the Spirit and are adapted to the needs of the individual. In a place of beauty, the land and Shinnecock Bay provide a place of quiet to come away to refresh body, mind, and spirit.

Location: St. Joseph Villa, 81 Lynn Ave, Hampton Bays 11946  
Offering: $240

Labyrinth Walk  
Sunday, March 12th  
1:00 pm

Walk the Labyrinth to pray, meditate and breathe a sense of calm as we prepare to enter the season of Spring. Certified facilitator, Linda Mikell, will be present to guide this experience.

Location: Academy, Building 2, 1725 Brentwood Road, Brentwood, NY.

Free Will Offering

Spring Equinox  
Prayer and Blessing of Community Gardeners  
Monday, March 20th  
5:00 pm

As we transition from winter into spring, please join us as we celebrate the gifts of the soil, look to the seeds as promises of new life, and come together to bless our gardens and gardeners.

Location: Barn, 1725 Brentwood Road, Brentwood, NY.

Free Will Offering
April 2023:

Easter Triduum Days of Quiet and Prayer
Thursday-Saturday, April 6th - 7th - 8th
Thursday arrive after 3:30 pm and depart after the Vigil on Saturday
Come for days of quiet and solitude during these holy days and celebrate the Easter Triduum in Sacred Heart Chapel. Overnight spaces are limited in La Providencia Center, Brentwood.

Location: La Providencia Center, Bldg. 4, 1725 Brentwood Road, Brentwood, NY.

Offering: $150.00 for a two-day overnight stay with meals.

Easter Triduum
Holy Thursday
Thursday, April 6th 4:00 PM
Good Friday
Friday, April 7th 3:00 PM
Easter Vigil
Saturday, April 8th 4:00 PM

Location: Sacred Heart Chapel, 1725 Brentwood Road, Brentwood, NY. These services will also be live-streamed.

Celebrating Earth, Our Common Home
Saturday, April 22nd
10:00 am – 3:00 pm

Join us in ritual and song as we awaken to our oneness with the Earth Community. We will celebrate as a sacred community and move to service activities on the Brentwood campus. Pack a nutritious lunch so we can picnic together as well.

Location: The Great Lawn across from the Academy, building 2.
Creation and the Cross Book Sharing
Wednesday: April 19th, May 3rd and May 17th
6:30 pm – 8:00 pm

In this fresh creative approach to theology, Elizabeth Johnson, CSJ, asks how we can understand cosmic redemption in a time of advancing ecological devastation. In effect, how can we extend the core Christian belief in salvation to include all created beings? Immediately this question runs into a formidable obstacle: the idea that Jesus’ death on the cross was required as atonement for human sin—a theology laid out by the eleventh-century theologian St. Anselm.

At the May 17th session, we welcome Elizabeth Johnson, CSJ who will join the sharing and conversation. This book-sharing circle is a collaborative facilitation of the Sisters of St. Dominic and the Sisters of St. Joseph. Join us to ponder God’s abundant mercy for a planet in peril.

Location: Virtual participation through Zoom.

May 2023:
Labyrinth Walk
Sunday, May 7th
1:00 pm

Walk the Labyrinth to pray, meditate and breathe a sense of calm. Certified facilitator, Linda Mikell, will be present to guide this experience.

Location: Labyrinth, adjacent to La Providencia Center, bldg. 4.

Free Will Offering
Silent Directed Weekend Retreat
Friday-Sunday,
May 19th-20th-21st
Friday Arrival after 3:30 pm and
Departure by 11:30 am on Sunday

Silent directed retreats allow us to withdraw from busy days and create space to deepen our relationship with God. This experience is grounded in solitude, silence, and prayer, and includes daily meetings with a spiritual director.

Silent directed retreats invite participants to be open and receptive to the movements of the Spirit and are adapted to the needs of the individual. In a place of expansive beauty, the CSJ Brentwood grounds provide a place of quiet to come away and refresh one’s body, mind, and spirit.

Location: La Providencia Center, Bldg. 4, 1725 Brentwood Road, Brentwood, NY.

Offering: $230
June 2023:

**Summer Solstice Prayer**
**Wednesday, June 21st**
**5:00 pm**

As we experience it from the Northern Hemisphere, Summer Solstice is a time when the Sun appears to ascend to the greatest height in the sky. As the intense upward springtime growth of leaves and flowers begin to subside, and pollination has taken place, the first fruits appear. As the fruit begins its ripening process, we are called to acknowledge what a generous gift this is from Earth. We are also awakened to the rhythmic cycle of life, death, and rebirth. Without fruiting, we would have no food. Without true food, we would have no true seed. Without true seed, this precious cycle would be broken, and it is upon this cycle that all life depends.

Let us celebrate Earth’s abundant blessings and commit to living in harmony with the rhythms of life.

**Location:** Barn, 1725 Brentwood Road, Brentwood, NY.

**Free Will Offering**

July 2023:

**Labyrinth Walk**
**Sunday, July 9th**
**1:00 pm**

Walk the Labyrinth to pray, meditate and breathe a sense of calm. Certified facilitator, Linda Mikell, will be present to guide this experience.

**Location:** Labyrinth, adjacent to La Providencia Center, bldg. 4.

**Free Will Offering**
Summer Retreats:

**Silent Directed Retreat**

*June 17th – 24th*

Silent Directed Retreats allow us to deepen our relationship with God. They offer an experience grounded in solitude, silence, and prayer, including daily meetings with a trained spiritual director. This time invites one to listen deeply to the movements of the Spirit. Located along the stunning Shinnecock Bay, Hampton Bays is noted for its spectacular sunrise moments and the grounds offer a peaceful and sacred space for prayer and contemplation.

**Location:** St. Joseph Villa, 81 Lynn Ave, Hampton Bays 11946

**Non-Refundable Deposit:** $100 due May 1, 2023

**Balance Due:** June 9, 2023

**Directors of the Silent Directed Retreat:**
- Beth Barker
- Marion Defeis, CSJ
- Margaret Galiardi, OP
- Mary Ellen Higgins, IHM
- Anne McCoy, SSJ
- Jeanne McGorry, CSJ
- Peggy Roache, SFCC

**Retreat Fees:**
- $500 (CSJ/CIJ)
- $520 (Religious)
- $560

**Guided Retreat:**

**Finding God in Ordinary Time**

*June 25th - July 1st*

Christine Eberle

A summer retreat in a beautiful setting holds the promise of a profound encounter with God—but what about the other fifty-one weeks? Literally, as well as liturgically, most of our days are spent in ordinary time: preoccupied with family and work, to-do lists, and troubles. Once we are back in the routine of regular life, how do we hold on to that connection and continue to notice and savor God’s presence?

Amid our many concerns, there is one urgent but often unasked question. Where is God in all this? On this retreat, we will pray with the wonders of the created world, surprising encounters with strangers, disorienting experiences of travel, poignant moments of life transition, and heartbreaking goodbyes. Discovering the sacred in the commonplace, we will return to our ordinary days with a renewed vision of how God may indeed be found in all things.

**Location:** St. Joseph Villa, 81 Lynn Ave, Hampton Bays 11946

**Non-Refundable Deposit:** $100 due May 1, 2023

**Balance Due:** June 16, 2023

**Retreat Fees:**
- $500 (CSJ/CIJ)
- $520 (Religious)
- $560
**Guided Retreat: First Love, Forever Mystery, Future Transformation**  
*July 22nd - July 29th*

Mary Rowell, CSJ

This retreat invites us to journey through life from original experiences of Divine Love, human desire, and personal identity into the deep mystery of the present. Far from being an exercise in nostalgia, our days will create a contemplative context for moving beyond disillusionment, hurt and spiritual stasis to embrace a new “fire in our hearts” and the grace of gratitude in the present unfolding. Together, we will name our evolving transformations over time as wisdom for the next steps into an unknown but inviting future in God, in call, and in the world.

**Location:** St. Joseph Villa, 81 Lynn Ave, Hampton Bays 11946

**Non-Refundable Deposit:** $100 due May 1, 2023  
**Balance Due:** July 14, 2023

**Retreat Fees:**
- $500 (CSJ/CIJ)  
- $520 (Religious)  
- $560

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**Guided Retreat: God’s Invitation to Reconcile our Broken Relationships**  
*August 12th - August 18th*

Eva Solomon, CSJ & Priscilla Solomon, CSJ

This Indigenous-led retreat will include prayer, ritual, and ceremony, daily liturgy, experiential learning, input, contemplative time, time for rest, and some opportunities for Sharing of the Heart. The focus of the input will be reconciliation with our Indigenous sisters and brothers, knowing that the practice of reconciliation is transferable to all relationships. Themes will include key aspects of reconciliation and the steps needed for reconciliation. The sharing of stories and experiences will also provide signs of hope for reconciled relationships.

**Location:** St. Joseph Villa, 81 Lynn Ave, Hampton Bays 11946

**Non-Refundable Deposit:** $100 due May 1, 2023  
**Balance Due:** August 4, 2023

**Retreat Fees:**
- $500 (CSJ/CIJ)  
- $520 (Religious)  
- $560
General Information

For safety reasons, St. Joseph Villa Retreat and Renewal Center cannot accommodate persons with scooters and other power-driven mobility devices. Transportation from one building to another is available if needed via a Gem Electric Vehicle. This applies to all retreats, daily and weekly programs, and weekend events.

Guest Rooms: First and second-floor single occupancy. Bed linens and towels are provided. An elevator is available to move up and down floors.

Pool: Available to retreatants.

CDC/COVID Guidelines: The Sisters of St. Joseph, Brentwood, and St. Joseph Villa Retreat and Renewal Center, Hampton Bays, are committed to following and adhering to all CDC and NYS COVID guidelines. Before your expected date of arrival, you will receive a communication from St. Joseph Villa indicating what procedures are currently in place with the expectation that all retreatants will comply with these protocols. Arrival after 4:00 pm on the opening day of retreat followed by supper at 6:00 pm. Retreats end with breakfast on the closing day. The aforementioned times will be adhered to due to the required level of cleaning and deep sanitizing between retreats.

Directions to St. Joseph Villa:
From Long Island Expressway East (LIE 495 E) Take exit 70 South Manorville. Come off exit and make a right turn travelling south. The roadway will go into Rt. 27 E (Sunrise Highway). Continue on 27 E until you get to exit 65 S Hampton Bays Rt. 24 S

From Verrazano Bridge take Belt Parkway East into the Southern State Parkway East to Exit 44 East to Sunrise Highway East (Rt. 27 E) until you get to Exit 65 S Hampton Bays (Follow Directions Below)

Directions to Hampton Bays:
Coming off Exit 65 South (Route 24 S), make a left at the light onto Montauk Highway. Make a right turn onto Ponquogue Avenue. (2nd light) Travel on Montauk Highway 2 lights to Ponquogue Ave and make a right turn. Travel just past the school on your right to Lynncliff Road. Make a left turn. Continue until you cannot go further. Make a right onto Lynn Ave. We are the 2nd driveway on the left, St. Joseph Villa, 81 Lynn Ave.

From Islip/MacArthur Airport exit out of the airport make a left turn on Rt. 454 (Veterans Memorial Highway) into Sunrise Highway East (Rt. 27 E) continue to Exit 65 S Hampton Bays (Follow Directions Below)

Via ferry: Individuals travelling via ferry from New London CT to Orient Point NY email Kerry Handal for directions - kerrymhandal@aol.com
Please send fee and/or free will offering to Sisters of St. Joseph.

Gift certificates available.

If registering by mail, please make checks payable to Sisters of St. Joseph.

Office of Spirituality
La Providencia Center, Bldg 4
1725 Brentwood Road
Brentwood, NY 11717

Summer Retreats include a self-addressed envelope to receive confirmation and further information.

Registration: On-line registration available at https://brentwoodcsj.org/ministry-areas/spirituality/spirituality-events/

Registration by mail:

First Name

Last Name

Mailing Address

City, State, Zip Code

Email

Phone

Program/Retreat

Program/Retreat Dates