

Several years ago, a small group of sisters met to explore how to best meet the needs of sisters impacted by the disease of addiction. From those early meetings, our Addictions Team was born and has been meeting regularly to develop ways to provide support, education and intervention for sisters concerned about substance use for themselves, loved ones or community members.

Some of the ways we've done this is through periodic "Did You Know?" articles, presentations from the team and the staffs of Guest House and Emmaus House. We've created a support group for sisters with a desire to stop drinking. Individual members of the team have journeyed with sisters through early recovery for themselves and/or loved ones and provided guidance to local communities, CLT's and members of governance facing the challenges of loving caring for sisters with a substance use disorder.

We are writing to you today to remind you we're here to help in any way we can; of course all your concerns would remain confidential. If you have any questions for yourself, another sister or loved one, please reach out to an addiction team member or a member of your CLT.

Addiction team members:

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